




# MILLVILLE PUBLIC SCHOOLS MEMORIAL SCHOOL LUNCH MENU

October 2015

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include skim milk, 1% white and skim chocolate. School lunches offer students the opportunity to create a meal from a variety of food groups.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>REMINDER</u></b> Please turn in your completed lunch application as soon as possible	<b>Fresh Fruit Available Daily</b> 	Millville Public Schools now offers <b><i>Myschoolbucks.com</i></b> an online payment and cafeteria information source	1 “Chicken Bowl” Popcorn Chicken Over Mashed Potatoes/Gravy/ Cheddar Cheese and Corn 100% Fruit Juice Cup	2 Pizzeria Style Pizza Toss Romaine Salad Three Bean Salad Fruit
5 Meatball Sandwich Baked Fries Corn Fruit	6 Chicken Parmesan Over Pasta or on a Bun Steamed Broccoli Fresh Fruit	7 Burger Bar Sautéed Onions/Peppers/Mushrooms French Fries Seasoned Carrots	8 Hot Ham And Cheese On A Pretzel Bun Tomato Soup Fries Green Beans	9 <b>No School Staff Development Day</b>
12 <b>No School Columbus Day</b>	13 Popcorn Chicken Or Chicken Tenders Baked Fries Green Beans Fruit	14 Cheese Steaks Bar Onions/Peppers/Mushrooms French Fries Seasoned Carrots	15 Oven Roasted Chicken Mash Potatoes With Gravy Peas Dinner Roll Fruit	16 Pizzeria Style Pizza Toss Romaine Salad Three Bean Salad Fruit
19 Chicken Fajita’s Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Carrots Fruit	20 Homemade Baked Ziti with Meatballs Tossed Romaine Salad Green Beans Fruit	21 Popcorn Chicken Or Chicken Tenders Baked French Fries Spinach Fruit	22 Nacho Bar Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa Whole Grain Fiesta Rice Corn	23 Pizzeria Style Pizza Toss Romaine Salad Fries Fruit
26 Chicken Cheese Steak Lettuce and Tomato French Fries Steamed Broccoli	27 Burger Bar Sautéed Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Seasoned Carrots	28 Toasted Cheese Tomato Soup Fries Green Beans Fruit	29. Nacho Bar Turkey Taco Meat Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa Whole Grain Fiesta Rice Corn Fruit	30 Pizzeria Style Pizza Toss Romaine Salad Three Bean Salad Fruit

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES  
 TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A WG PRETZEL BUN, PIZZA, CHICKEN PATTIES

Fresh Fruit and 100% Fruit Juice Offered Daily Based on Availability

LUNCH PRICE \$3.00, \$.40 Reduced\*, Free\*(\*If Qualified)

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.